

Sweet N Savory Menu

1611 Pavilion Place

Wilmington NC 28403

(910) 256-0115

Open 8am to Midnight daily

www.sweetnsavory.cafe

BREAKFAST

Available 9am – 3pm

OMELETS

(Served with your choice of hash browns, our stone ground grits or fruit (add \$0.5))

4-Cheese - cheddar, swiss, munster, parmesan (add ham, bacon or sausage for \$2)	\$4.99
Western – ham, bell peppers, onions, swiss and American cheeses	\$6.99
Carnivore's Creation - bacon, country ham, sausage, swiss, cheddar	\$7.99
Meatless Masterpiece - onions, mushrooms, spinach, tomatoes, mozzarella	\$5.99
Raj'n Cajun blackened shrimp, onions, peppers, kielbasa, tomatoes, mozzarella, parm	\$8.99
Crab Florentine - crab, spinach, mushrooms, mozzarella	\$9.99
The Loop – egg whites, turkey sausage, tomatoes, spinach, avocado	\$7.99

BREAKFAST BOWLS

Diggler* country ham, bacon, sausage and 2 over easy eggs served over cheddar grits	\$7.99
Who Dat* blackened shrimp, sautéed onions, bell peppers, kielbasa, tomatoes, 2 over easy eggs over cheddar grits	\$8.99
Tree Hugger* sautéed spinach, mushrooms, onions, tomatoes, mozzarella, 2 over easy eggs over grits	\$5.99
Fine Swine* pork belly, jalapeno cheddar grits, fried onion straws, 2 over easy eggs, sweet tea glaze drizzle	\$8.99
Deconstructed Corned Beef Hash* corned beef, 2 over easy eggs over hash browns with a side of hollandaise sauce	\$7.99

BREAKFAST ENTREES

(Served with your choice of hash browns, grits or fruit (add \$0.5) unless otherwise noted)

Wrightsville Beach French Toast - slices of house made cinnamon raisin bread dunked in our secret batter.	\$5.99
Add 2 eggs* any style for \$1.5 or a breakfast meat for	\$2.5

All American - Choice of 2 eggs (choose your style), toast (white, multigrain, cinnamon raisin, English muffin, croissant (add \$1), and meat/vegetarian option (bacon, sausage, turkey sausage, country ham, ham, spinach, grilled tomatoes)	\$5.99
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Pulled Pork Breakfast Enchiladas* – slow braised pulled pork, cheddar-jack cheese and chipotle sauce rolled in a flour tortilla, topped with pico de gallo, 2 over easy eggs, sour cream	\$10.99
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Huevos Rancheros 2 over easy eggs, pico de gallo, sour cream, cheddar-jack, chipotle rancheros sauce.	\$4.99
Add a breakfast meat for \$2.5 or steak tips for \$4	

Biscuits and gravy carne mix gravy over house made biscuits.	\$3.99
Add 2 eggs any style for \$1.5 Add a fried chicken breast for \$3	

Paleo grilled chicken and shrimp with sautéed peppers and onions topped with avocado and 2 over easy eggs. Served with fresh cut fruit and a side of hollandaise sauce	\$9.99
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EGGS BENEDICTS

(Served with your choice of hash browns, our stone ground grit or fruit (add \$0.5))

Meatloaf* meatloaf, tomato jam, sautéed spinach, 2 poached eggs, hollandaise sauce	\$10.99
Salmon* 2 poached eggs, grilled salmon, sautéed spinach atop our oversized english muffin, topped with hollandaise sauce	\$10.99
Crab Cake* 2 poached eggs, lump crab cake, hollandaise sauce atop our oversized english muffin	\$11.99
BYO Benedict* choose your meat: bacon, sausage, country ham, turkey sausage, grilled tomatoes choose your bread: texas toast, english muffin, biscuit, croissant (\$1)	\$8.99

AVOCADO TOAST

Plain Jane* house made avocado spread on multigrain bread. add 2 over easy eggs \$2	\$2.99
Kick in the Pants* house made avocado spread with red pepper flakes, jalapeno chips, 2 over easy eggs, sriracha aioli drizzle over multigrain toast	\$5.99
Balsamic Flare* house made avocado spread topped with 2 over easy eggs and ripe cherry tomatoes drizzled with balsamic glaze atop our multigrain toast	\$5.99
Life's Short! Eat the Bacon* 2 over easy eggs over our house made avocado spread topped with a mixture of bacon and candied bacon crisps on our multigrain toast	\$6.99

BREAKFAST SANDWICHES

(Served with your choice of hash browns, our stone ground grit or fruit (add \$0.5))

K.I.S.S. – scrambled eggs and cheddar on our croissant (add choice of breakfast meat \$2)	\$4.99
Messy Marvin – country ham, over easy eggs and swiss on our croissant	\$6.99
SNS Muffin - scrambled eggs, American and choice of breakfast meat on English muffin	\$6.99
Skinny Morning – egg whites, turkey sausage, spinach, tomatoes, avocado on multigrain bread or wrap	\$6.99
Basic Biscuit – choice of breakfast meat (or cheese eggs) on our house made biscuit	\$3.99
Super Biscuit – cheesy eggs and choice of breakfast meat on biscuit	\$5.99
Chicken Biscuit – country fried chicken on our biscuit. Add cheddar scrambled for \$2 or bacon for \$1	\$4.99
SW Breakfast Burrito – scrambled, cheddar, carne mix, pico de gallo, sour cream and avocado	\$7.99
B.E.L.T – bacon, scrambled, cheddar, herb garlic mayo, lettuce and tomato on multigrain toast	\$5.99
Kickin' Chicken – buffalo fried chicken, bacon, sriracha aioli, jalapenos, munster and scrambled on bun	\$8.99

***Items cooked to order. Consumption of raw and/or undercooked meat, seafood, shellfish, poultry or eggs, may increase your risk of foodborne illness**

DINNER FAMILY STYLE

Availability of family style offerings may be limited | Served 11 am - 9 pm
daily | Feeds two adults and two children | Carry-out ONLY

COURSE 1

House Salad | Caesar Salad | Tomato Basil Soup | New England Clam Chowder |
Shrimp Bisque | Chicken Noodle

COURSE 2

Caesar salad with grilled or blackened chicken or shrimp

\$24.99

Pulled pork with mac n cheese and cole slaw

\$24.99

Meatloaf with mashed potatoes and chef vegetable

\$24.99

Broccoli chicken alfredo pasta

\$24.99

Buffalo chicken mac n cheese

\$24.99

Shrimp n grits with kielbasa, onions, mushrooms, cream

\$29.99

Chicken pot pie with puff pastry

\$24.99

Pulled pork enchiladas with rice and black beans

\$24.99

BBQ 2 Ways: pulled pork and baby back ribs, mac n cheese, slaw, dinner rolls

\$29.99

*Blackened salmon, topped with pico de gallo, avocado with rice and black beans

\$29.99

*Sesame seared tuna with a teriyaki glaze rice and vegetable du jour

\$29.99

Jerk mahi with pineapple jalapeno salsa served with rice and veggie du jour

\$29.99

COURSE 3

Bread Pudding | Fresh Fruit | Cookies

STARTERS | SOUPS | SALADS

Crispy Brussels	\$6.99
candied bacon, shredded parmesan cheese, balsamic glaze	
Chicken Bites	\$6.99
fried chicken bites, wonka sauce	
Wings (10 count)	\$6.99
buffalo, honey chipotle bbq, teriyaki, spicy garlic or jerk dry rub; served with celery, carrots and your choice of bleu cheese or ranch dressing	
Lump Crab Dip	\$9.99
Buffalo Chicken Mac n Cheese	\$7.99
buttermilk fried chicken bites tossed in buffalo sauce atop house made mac n cheese	
Better than Bang Bang Shrimp	\$8.99
Lump Crab Cakes	\$10.99
Loaded Fries, Chips or Buffalo Chips	\$4.99
cheese, bacon, sour cream, green onions	
Pork Belly Bites	\$6.99
pork belly bites with asian slaw and sweet tea glaze	

SALADS

Wedge	\$5.99
candied bacon, onion, tomatoes, bleu cheese crumbles, bleu cheese dressing	
House	\$4.99
mixed greens, grape tomatoes, cucumbers, carrots, onion	
Caesar	\$4.99
romaine, parmesan, croutons, caesar dressing	
Cranberry Apple Salad	\$6.99
dried cranberries, spiced walnuts, granny smith apples, bacon, fried brie croutons	
Avocado Bliss	\$7.99
Avocado, pickled red onions, grape tomatoes, cucumbers, mixed greens, fresh mozzarella and a lemon vinaigrette	
Caprese	\$6.99
fresh mozzarella, tomatoes, balsamic glaze, fresh basil	

Add Proteins

chicken \$3 | shrimp \$4 | salmon* \$4 | steak tips \$4 | tuna* \$ | mahi \$5

SOUPS

New England Clam Chowder	Tomato Basil
Rob's Famous Chicken Noodle	Shrimp Bisque

All Soups are PINTS for \$4.99

Entrees

Add a cup of soup or a side house or Caesar salad to any entrée for \$1.99

New York Strip (10 ounce USDA Choice) *	\$15.99
chef vegetable du jour, your choice of fries, chips or mashed potatoes and our steak sauce	
Beef Shoulder Tenderloin *	\$15.99
chef vegetable du jour, your choice of fries, chips or mashed potatoes and our steak sauce	
Country Fried Chicken	\$9.99 \$14.99
one two chicken breasts, sawmill gravy, mashed potatoes, broccoli	
Meatloaf	\$10.99
mashed potatoes, sautéed spinach, heirloom tomato jam, fried onion straws	
Chicken Pot Pie	\$8.99 \$12.99
chicken, creamy broth, onions, carrots, celery, mushrooms, green peas, puff pastry, parm	
Pot Roast	\$9.99 \$14.99
slow braised beef, celery, carrots, onions, mashed potatoes	
Pulled Pork Enchiladas	\$10.99
flour tortillas stuffed with braised pork shoulder, cheddar, chipotle ranchero sauce, topped with cheddar-jack, pico de gallo, sour cream; served with black beans and rice	
BBQ 2 Ways: Pulled pork and ½ Rack of Baby Back Ribs	\$15.99
eastern BBQ pork, slaw, fries and dinner rolls	
Grilled Chicken	\$8.99 \$12.99
choice of lemon pepper seasoning or chipotle honey BBQ sauce; served with chef vegetable du jour plus choice of fries, mashed potatoes	
Fried Shrimp Platter	\$10.99 \$15.99
buttermilk fried shrimp served with our honey-old bay aioli, fries and slaw	
Pan seared scallops	\$16.99
with a sweet tea glaze served with herb rice and Asian slaw	
Lump crab cakes	\$17.99
topped with roasted red pepper coulis served with zucchini ribbons and herb rice	
Blackened Salmon*	\$10.99 \$15.99
served over black beans and rice, pico de gallo, avocado, roasted red pepper coulis	
Shrimp n Grits	\$10.99 \$15.99
bacon, kielbasa, mushrooms, onions, fried grit cake, cream sauce	
Jerk Mahi	\$10.99 \$15.99
jerk seasoned mahi topped with jalapeno pineapple salsa served with rice and vegetable du jour	
Sesame Seared Teriyaki Tuna*	\$10.99 \$15.99
teriyaki glazed sesame seared tuna served with rice and vegetable du jour	

The Stockyard

Served with our house made chips, fries, buffalo chips (add \$1) or fruit (add \$0.5).

Roy Rogers	\$5.99
thin sliced roast beef, American cheese, on a bun	
Rawhide	\$6.99
thin sliced roast beef, sautéed onions and mushrooms, Swiss on pita	
Mother Heifer	\$10.99
Meatloaf, tomato jam, lettuce, onion straws and Wonka sauce on Texas toast	
NY Reuben	\$8.99
thin sliced corned beef, sauerkraut, swiss, russian dressing, on our rye bread	

From the Coop

Served with our house made chips, fries, buffalo chips (add \$1) or fruit (add \$0.5).

The Fav	\$6.99
marinated chicken strips, pico de gallo, sour cream, mozzarella on our pita	
Chicken Melt	\$6.99
our homemade chicken salad, tomato, swiss served open faced on our croissant	
Southern Chick	\$5.99
country fried chicken breast and pickles on our bun	
Chicken Club Pita	\$7.99
chicken strips, swiss, parmesan, bacon, lettuce, tomato, onion, mayonnaise, on a pita	
Picnic at the Beach	\$5.99
our homemade chicken salad, lettuce, tomato, lightly toasted white bread	
Buffalo Chicken (Fried)	\$7.99
bleu cheese crumbles, ranch, lettuce, tomato, onion on a bun	
Hot Tomale	\$7.99
thin sliced turkey breast, pico de gallo, swiss, ranch, jalapeño on toasted multi-grain	
Cucumber River	\$6.99
turkey breast, cheddar, tomatoes, cucumbers, lettuce, cucumber dill sauce on pita	
Johnny Appleseed	\$7.99
thin sliced turkey breast, swiss, granny smith apples, honey mustard, on a croissant	
Turkey Club	\$7.99
thin sliced turkey breast, swiss, bacon, lettuce, tomato, avocado, ranch, on toasted white	
Turkey Reuben	\$8.99
thin sliced turkey breast, sauerkraut, swiss, Russian dressing, on our rye	

Burgers, Chicken, Black Bean Burgers

Choose your protein | Choose your set-up

Proteins: House ground burger*, grilled chicken, fried chicken, black bean burger

Served with our house made chips, fries, buffalo chips (add \$1) or fruit (add \$0.5)

Baja	\$7.99
munster cheese, avocado, pico de gallo, ranch, on our bun	
Wonka	\$8.99
candied black pepper bacon, cheddar, lettuce, tomato, red onion, wonka sauce, on bun	
Funky	\$6.99
sautéed onions and mushrooms, Swiss on our bun (add bacon \$1)	
All the Way	\$6.99
choice of cheese, lettuce, tomato, red onion, mayonnaise (add bacon \$1)	
Steakhouse	\$7.99
with cheddar, bacon, our house made steak sauce and fried onion straws	
Polynesian	\$7.99
swiss, lettuce, tomato, onion, teriyaki, bacon and pineapple	
Orient Beach	\$5.99
naked, just the burger and bun. (add cheese \$0.75, add bacon \$1, add LTO, \$0.25)	

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Bubba's Shrimp Sandwiches.

Served with our house made chips, fries, buffalo chips (add \$1) or fruit (add \$0.5).

Add a cup of soup or a side house or Caesar salad to any sandwich for \$1.99

Shrimp Burger	\$6.99
Fried shrimp, lettuce, tomato on our bun	
Bubba Gump	\$7.99
grilled shrimp, pico de gallo, mozzarella, diced cucumbers, pickled red onion on pita	
Baja Shrimp Wrap	\$7.99
blackened shrimp with pico de gallo, avocado, mozzarella, sour cream and lettuce	
Buffalo Shrimp (Fried)	\$7.99
bleu cheese crumbles, ranch, lettuce, tomato, onion on our bun	
Shap-a-Roo	\$8.99
fried shrimp, pickles, lettuce, tomato, Swiss, bacon and honey-old bay aioli on our bun	

The Little Pigs and Grilled Cheese Selections

Served with our house made chips, fries, buffalo chips (add \$1) or fruit (add \$0.5)

Add a cup of soup or a side house or Caesar salad to any sandwich for \$1.99

Ultimate Grilled Cheese	\$6.99
cheddar, American, parmesan and swiss cheeses, grilled tomatoes, bacon on texas toast	
Plain Grilled Cheese	\$3.99
american cheese on grilled white bread (add bacon or grilled ham \$2)	
Belly of the Beast Grilled Cheese	\$7.99
cheddar, American, parmesan and swiss cheeses, fried onion straws, pork belly on texas toast	
Porky Pig	\$5.99
pulled pork, slaw, on a bun with choice of eastern bbq or honey chipotle bbq	
BLT	\$4.99
bacon, lettuce, tomato and mayo on white toast	
Hawaii 5-0	\$6.99
grilled ham, mozzarella, pineapple, diced tomatoes on a pita	

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